

## **Spa Etiquette**

### **Arrival**

Guests are encouraged to arrive at SEN Spa 15 minutes before a treatment, being late means less massage time.

### **Cancellation**

For outside guests, cancellation is possible 24 hours in advance, for in-house guests is 8 hours in advance.

### **Health and Medical Condition**

Please notify our Spa Manager before booking your treatments if you have high blood pressure, a heart problem, allergy, pregnancy, or any other health need so proper care can be taken. Please inform your therapist if you prefer heavier or lighter pressure during your massage.

### **Payment**

We accept cash or major credit cards. Charges can be added to your room account.

*We respectfully request that mobile phones be turned to silent mode and that noise is kept to a minimum. Smoking and consumption of alcohol in the Spa is prohibited. We remind our guests that service provided in our Santi Spa are strictly professional. Any unusual behavior towards our staff will automatically result in ending the treatment; full payment will be due immediately.*

SEN Spa

## Intro

The Elegant touch of natural the spirit of relaxation and rejuvenation are at the heart of our design.

Surrounded by nature and inside with Spa Suites, guests are in an ideal state to stimulate, balance, and rejuvenate mind, body and soul to achieve the ultimate overall wellbeing and beauty.

The skills of committed, professionally trained SEN Spa therapists guarantee a holistic wellness experience to pamper all discerning guests.

Together with our superior product range and intuitive touch of our professional therapist your experience will be an unforgettable one.

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### Traditional Laos Massage

60 Minutes

90 Minutes

120 Minutes

Traditional Laos acupressure is applied to specific points along the body's meridian lines in order to release muscle tension and clear energy blockages, this massage contributes to an overall sense of well-being and is an indispensable component of traditional Laos therapy.

### Foot Reflexology Massage 60 Minutes

This energy-based, traditional Thai massage therapy delivers pressure to specific points on the soles of the feet in order to restore the free flow of energy throughout the body, relaxing legs and muscles.

### Aromatherapy Massage 60 Minutes

This fragrant, therapeutic massage technique maximizes the healing properties of essential plants oils and herbs, is customized to promote relaxation and overall well-being of each guest.

### Asian Fusion Massage 60 Minutes

The old traditional allow your body to rejuvenate with the local massage is fusion of techniques that have been brought together to create an enlivening full body massage.

Oil and Aromatherapy long stroke movements soothe the body to improve lymphatic drainage and circulation, while elbow to deep tissue techniques work into the muscles to relieve tension and ease stiffness.

### Herbal Compress 90 Minutes

Eases aches and stimulates circulation with a combination of traditional Healing

massage techniques with oil and follow by warm Herbal Compress. While the acupressure works on the muscular system, the heated compress helps to improve the flow of energy.

### Facial Treatments

#### Natural Facial 60 Minutes

Experience our natural product Pampering the complexion lift with this youth rectory facial treatment, using local products ingredient are used to improve the tone and balance of the skin whilst a relaxing face, neck and shoulder massage eases you tension away. and techniques tailored to your specific skin type and condition, this exceptional facial comes complete with a pampering hand massage.

#### Sun Kiss Facial 60 Minutes

The ultimate therapy for anti-aging and anti-stress is created by a blend of the above products with the addition of Local herbs such as aloe vera to balance, rejuvenate and refresh your skin through a stimulating facial massage. This facial is particularly recommended for those with sunburn and very dry skin.

### Body Treatment

#### Oatmeal Body Polish 60 Minutes

Using the benefits of nature to relax your body & mind, this Oatmeal Body Scrub will restore the natural balance of dehydrated skin through the essential vitamin A. Nourishing but gentle, this scrub provides your skin with a vital stimulant for cell regeneration. Benefits normal – sensitive skin.